Free Primary Teacher Safeguarding Starter Pack v1.0

For Primary Teachers, Safeguarding Leads (DSLs), and School Leaders

Purpose:

This starter pack provides a structured, practical framework to support calm, age-appropriate safeguarding conversations with children aged 5–10. It is designed as a quick-start guide that can be used in classrooms, small groups, or pastoral settings. This resource aligns with primary safeguarding priorities including personal boundaries, early help awareness, online safety, and age-appropriate protective behaviours. It is designed to complement, not replace, your school's statutory safeguarding framework and DSL procedures.

This guidance is consistent with UK primary safeguarding expectations, including early help awareness and protective behaviours education.

How to Use:

• Use the mini-lesson outlines as 10–15 minute classroom discussions.
• Adapt language to suit your school context and safeguarding policy.
• Record observations in line with your internal safeguarding procedures.
• Follow up appropriately where concerns arise.

Intended Outcomes

• Pupils understand the concept of trusted adults
• Pupils can identify when something feels uncomfortable
• Pupils know they can report concerns safely
• Staff feel confident initiating calm safeguarding conversations

Safe Circle Mini-Lesson Outline (10–15 Minutes)

Objective:

To help children understand personal boundaries and identify trusted adults.

Discussion Structure:

1. What makes you feel safe?
2. Who are your trusted adults at home and at school?
3. What can you do if something makes you feel uncomfortable?

Key Safeguarding Principle:

Children should understand that they can say no, move away, and tell a trusted adult.

Suggested Classroom Structure (Example 15-Minute Flow)

• 2 mins – Introduce the idea of "safe circle"
• 5 mins – Guided discussion using prompts
• 3 mins – Pair-share reflection
• 3 mins – Reinforce trusted adult message
• 2 mins – Close with reassurance and clarity

Teacher Note (Adult-Only Guidance):

Avoid asking children to publicly name personal experiences. Keep discussion general and hypothetical unless a disclosure occurs. Follow safeguarding policy immediately if a concern is raised. If a disclosure arises, pause the discussion and move to appropriate safeguarding protocol.

Screen Safety Quick Framework

Objective:
To promote safe and responsible screen use.

Conversation Prompts:
• What should you do if someone you don't know sends a message?
• What information should never be shared online?
• Who can you talk to if something online worries you?

Core Rule:
If unsure, pause and tell a trusted adult.

Safeguarding Context:
Online contact risks for primary-aged pupils often involve peer misuse, inappropriate content exposure, or contact from unknown individuals. Reinforce the rule: "Pause, don't respond, tell an adult."

Mini Activity Suggestion:
Ask pupils to create a "3 Online Safety Rules" poster in small groups.

Observation Indicators (Primary Age)

Be mindful of patterns rather than isolated incidents.

Possible Indicators:
• Sudden withdrawal or behavioural change
• Increased anxiety around specific people or activities
• Age-inappropriate knowledge or language
• Reluctance to attend school or specific lessons

Important:
Indicators must be viewed cumulatively and contextually. One behaviour alone does not confirm safeguarding concern.

Immediate Action Reminder:
If a disclosure occurs:
• Listen calmly
• Do not promise confidentiality
• Record factually
• Report to DSL immediately

Always follow your school's safeguarding reporting procedures.

Conversation Prompt Cheat Sheet

Use these open-ended questions to encourage discussion:

• What would you do if something didn't feel right?
• Who helps you when you feel worried?
• What does being safe mean to you?
• What should you do if someone asks you to keep a secret that makes you uncomfortable?

When a Child Responds with Concern

Use calm follow-up questions such as:
• "Can you tell me a little more about that?"
• "How did that make you feel?"
• "Has this happened before?"
• "Who else knows about this?"

Always follow school safeguarding procedures.

Next Steps & Further Support

Extended Safeguarding Support

Guy & Cesar provides:
• Structured child-facing safeguarding storybooks
• Comprehensive adult toolkits with observation frameworks
• Safeguarding implementation guidance for schools

Full structured toolkits provide structured observation templates, guided adult reflection tools, safeguarding analysis prompts, and documented follow-up frameworks.

- https://guyandcesar.com/
- https://guyandcesar.com/our-books/
- https://guyandcesar.com/our-toolkits/
- https://guyandcesar.com/primary-school-safeguarding-framework/

This starter pack is designed as an introductory resource and should be used alongside your school's safeguarding policy, DSL guidance, and statutory requirements.